

EASY-TO READ FOREHEAD THERMOMETERS

INSTRUCTIONS

Thermometers should be used indoor and at room temperature (approximately 68° - 86°F). Avoid direct sunlight or strong heat when taking temperature. Do not take temperature if individual has been eating, drinking or exercising within the last 30 minutes due to the possibility of temperature fluctuation.

1. Peel thermometer from the backing and apply to clean/dry forehead. Color will begin developing within 15 seconds.
2. Read thermometer while on forehead:
 - Green: correct temperature
 - If you do not see green, blue or tan colors will appear:
 - Blue: add 1°F
 - Tan: subtract 1°F

**ALWAYS CONSULT YOUR
PHYSICIAN IF A FEVER EXISTS.**

**TO BE ADMINISTERED BY ADULTS ONLY.
KEEP OUT OF REACH OF CHILDREN.**

